



**Dual-Purpose OTC Medicines and Products** may be reimbursed under a FSAFEDS HCFA with a licensed health care provider's note stating your specific diagnosis or medical condition, a recommendation to take the specific OTC medicine to treat your condition, and documentation of the product and cost.

Type/Class of Drug or Product	Examples	Reimbursable Use	Excluded Use
<b>Acne</b>	Retin-A	Chronic acne under treatment by a physician	Occasional outbreak or blemish
<b>Calcium</b>	Calcium Carbonate ♦ Caltrate ♦ Tricalcium Phosphate ♦ Calcium Citrate ♦ Calcium Lactate ♦ Calcium Gluconate	Diagnosis (e.g. osteoporosis) or at-risk for illness or injury based on physician note	Routine use for general health
<b>Dental fluoride</b>			Routine use for general oral care
<b>Feminine Hygiene</b>		Post-surgery or childbirth	
<b>Fiber Supplements</b>	Benefiber ♦ Metamucil		
<b>Homeopathic Remedies</b>			
<b>Incontinence</b>		Post-surgery	Infants and toddlers
<b>Joint Supplements</b>	Glucosamine ♦ Chondroitin	Diagnosis of Arthritis	Routine use for general health
<b>Minerals</b>	Calcium ♦ Caltrate ♦ Ferrous Sulfate ♦ Feosol ♦ Slow FE ♦ Folic Acid	Diagnosis (e.g. osteoporosis, anemia) or at-risk for illness or injury based on physician note	Routine use for general health
<b>OTC Hormone Therapy</b>		Peri-menopausal or menopausal symptoms	Routine use for general health
<b>Dietary Supplements</b>	Protein bars ♦ Power drinks		Sports performance, general energy and health
<b>Fiber Supplements</b>		Documented specific medical condition; short duration	Routine use for general health
<b>Snoring Cessation Aids</b>	Breathe Right ♦ Snorezz	Sleep Apnea	
<b>Vitamins</b>		Vitamin B for treatment of scurvy	Routine use for general health
<b>Weight Loss</b>		Diagnosis of obesity	

**Excluded OTC Products** (non-eligible expenses)

Type/Class of Drug or Product	Examples
<b>Cosmetic Products</b>	Face soaps ♦ Creams ♦ Make-up ♦ Perfumes ♦ Hair removal
<b>Dental Products</b>	Dental floss ♦ Toothpaste ♦ Toothbrushes ♦ Teeth whitening kits
<b>Dietary/Nutritional Supplements</b>	Ensure ♦ Glucerna ♦ Slimfast
<b>Herbal Supplements</b>	
<b>Toiletries</b>	Deodorant ♦ Shampoo ♦ Body sprays ♦ Soaps ♦ Moisturizers ♦ Chapstick
<b>Vitamins</b>	

*The products listed here are examples, and do NOT constitute and endorsement or an exhaustive listing of reimbursable OTC products.*

**The Federal FSA Program**

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