



Sample Report  
***Beyond Disease Management***  
Annual Outcomes Report, Year 1

# Outcome Indicators

- **Report Outcomes**

- Based on participants who have been active in the *Beyond Disease Management Program* for a period of 6 months or more.

- **Clinical Outcomes**

- Specific Outcomes Indicators for each disease based on people in the program for a period of 6 months or more.

- **Financial Outcomes**

- Direct Costs-ER visits, Inpatient admits, MD visits and Rx
- Indirect Costs-Lost wages due to missed work days

*Number of Participants Represented in this Report: 60*

# Report Outcomes

## *Participants by Disease State and Months in Program*

<b>Disease State</b>	<b>Members Enrolled in Program as of 12/04</b>	<b>Active Participants in Program &gt;6 Months</b>	<b>Average Months in Program</b>
Asthma	10	10	6
CAD	50	-	
COPD	10	10	5
Diabetes	50	20	12
Hypertension	70	10	8
Other	20	10	6
<b>TOTAL</b>	<b>210</b>	<b>60</b>	<b>6.3 Months</b>

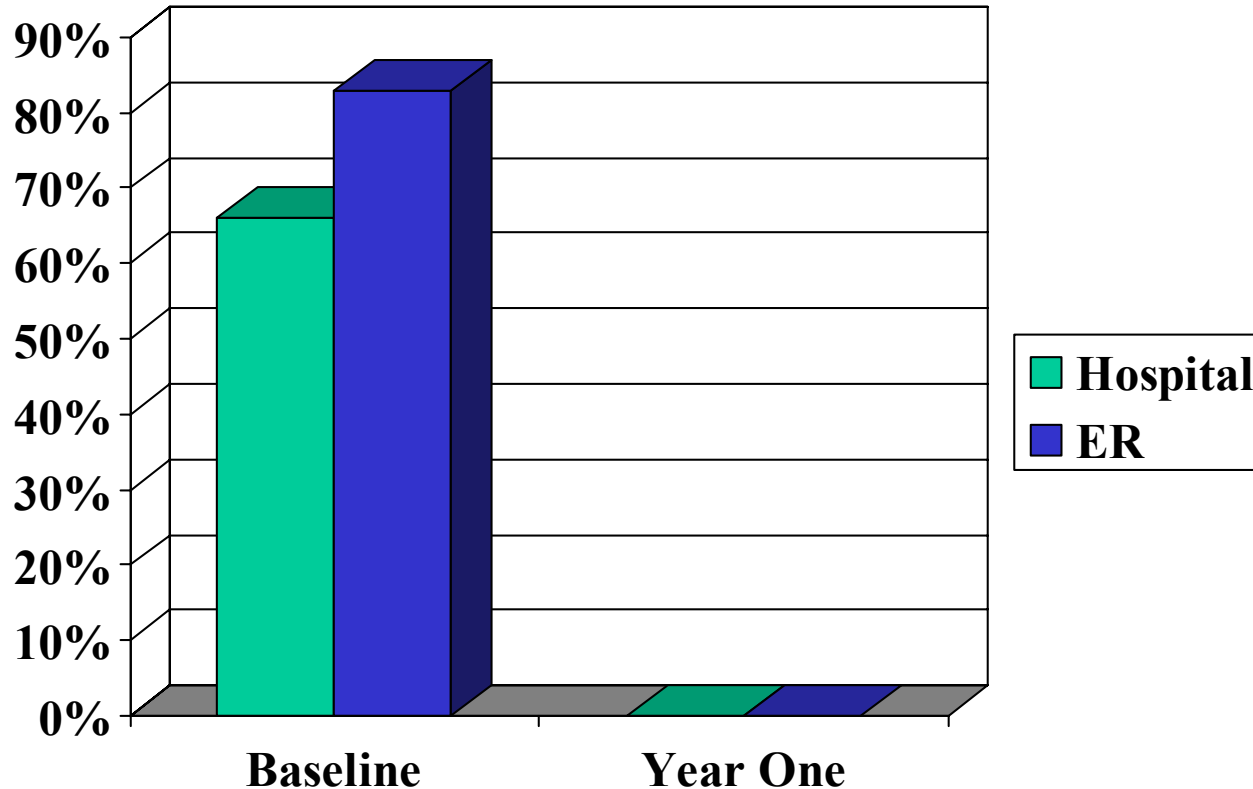
# Report Outcomes

## *Stratification of Participants*

<b>Disease State</b>	<b>Minimal</b>	<b>Low</b>	<b>Moderate</b>	<b>High</b>
Asthma			10	
CAD			10	
COPD		10		
Diabetes			20	
Hypertension				
Other		10		
<b>TOTAL</b>	<b>0</b>	<b>20</b>	<b>40</b>	<b>0</b>

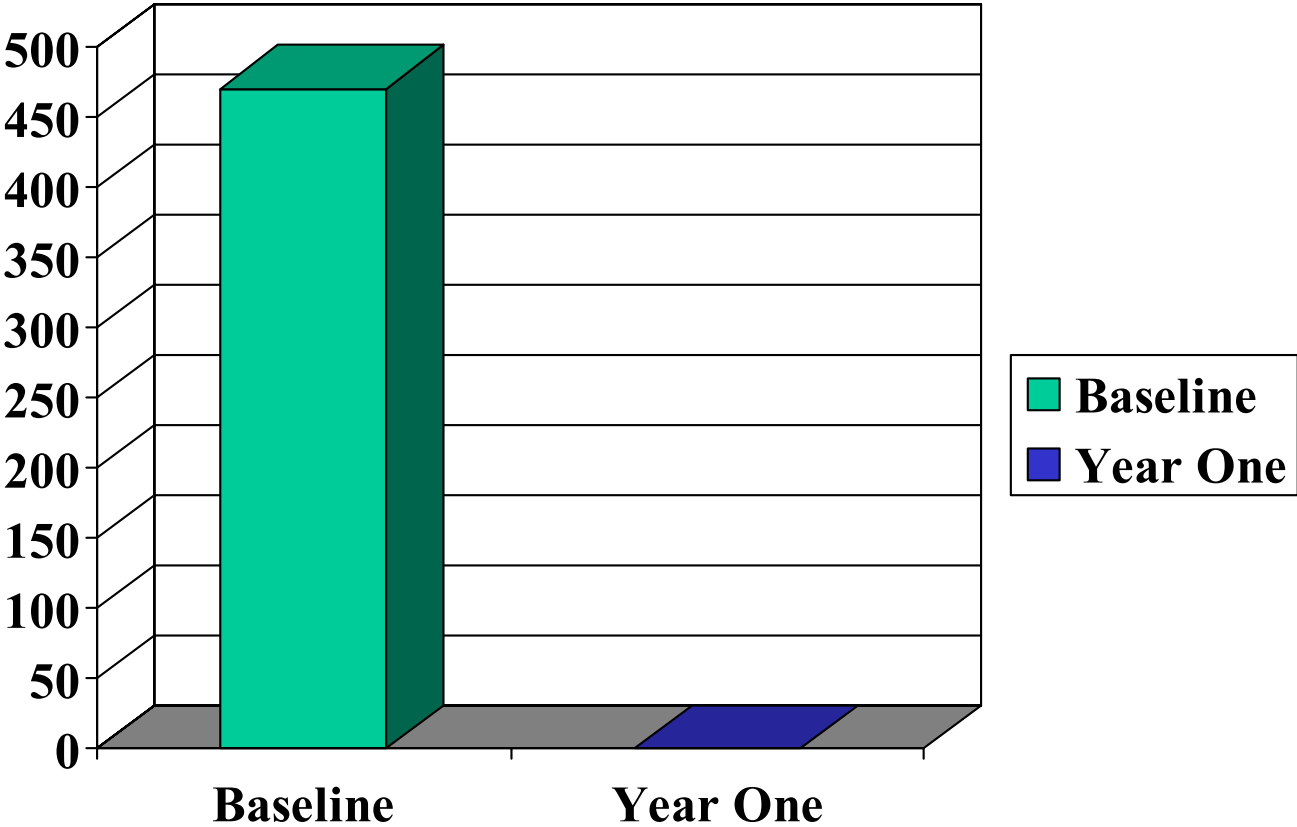
# Clinical Outcomes

## *Percentage of Participants Utilizing Services*



**Result** – Active participants decreased Hospital Admissions and Emergency Room visits by 100%

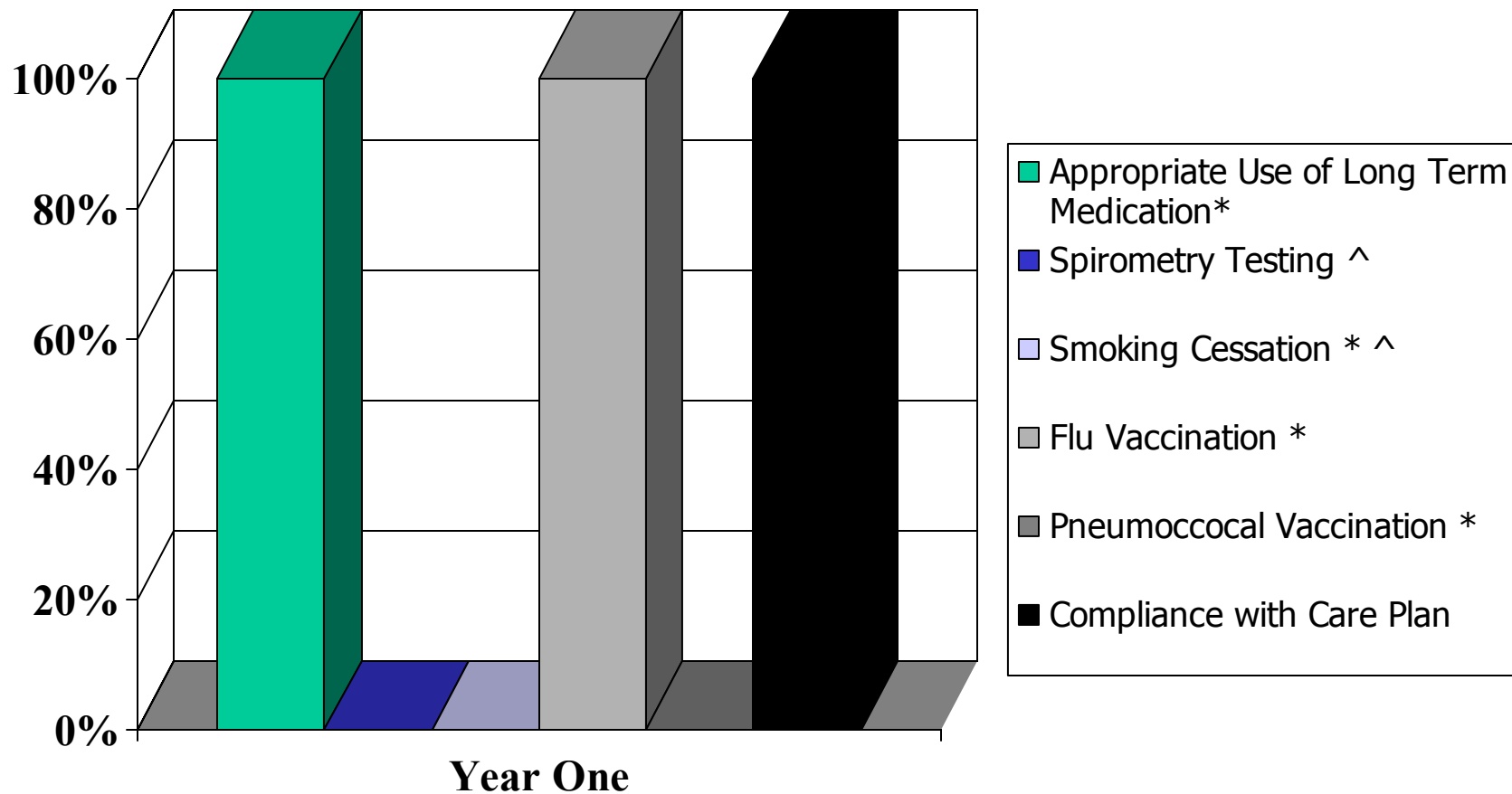
# Absenteeism (in Days) *Self Reported by Member*



**Result** – Active participants showed a decrease in absenteeism of 100%

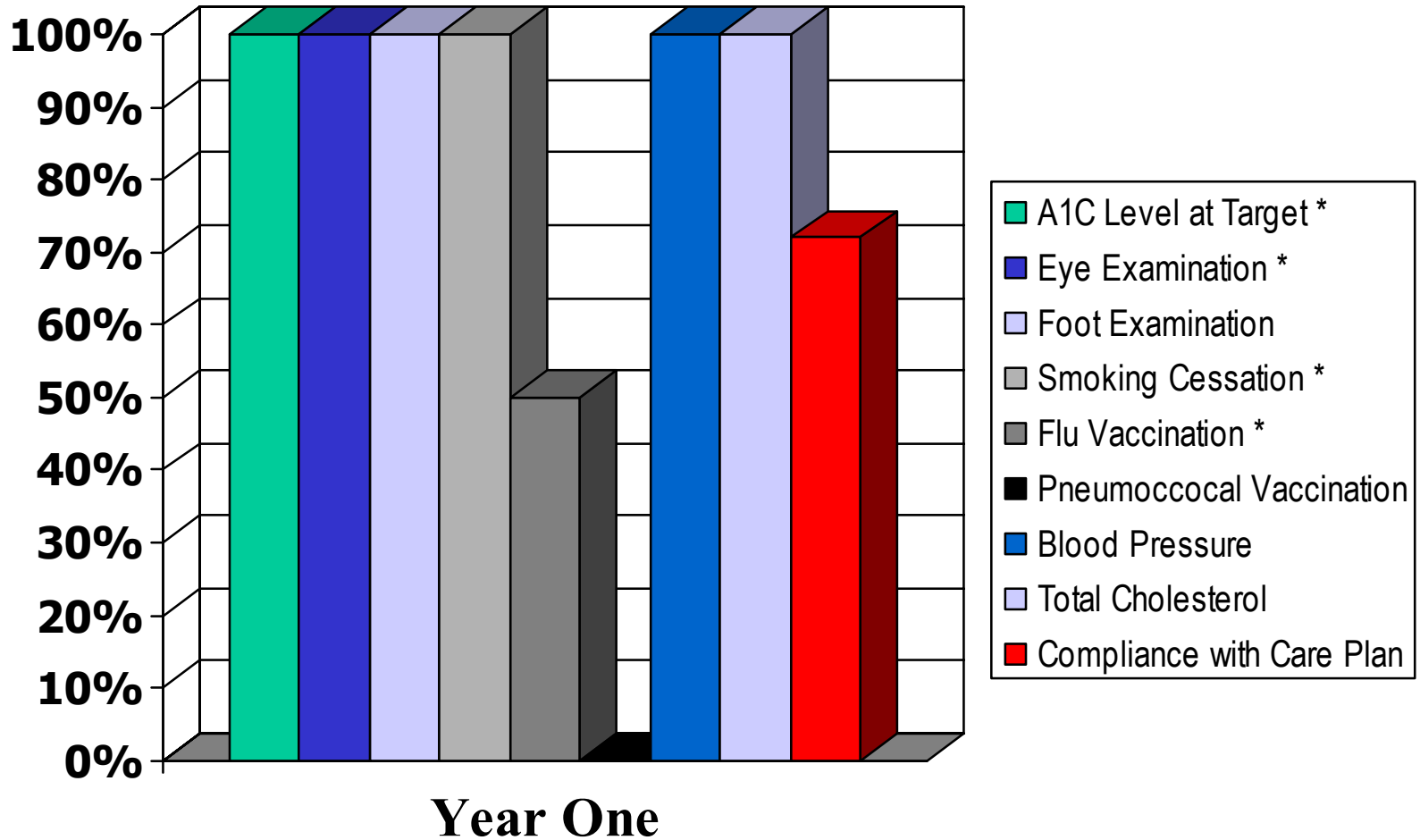
# Clinical Outcomes

## *Asthma*



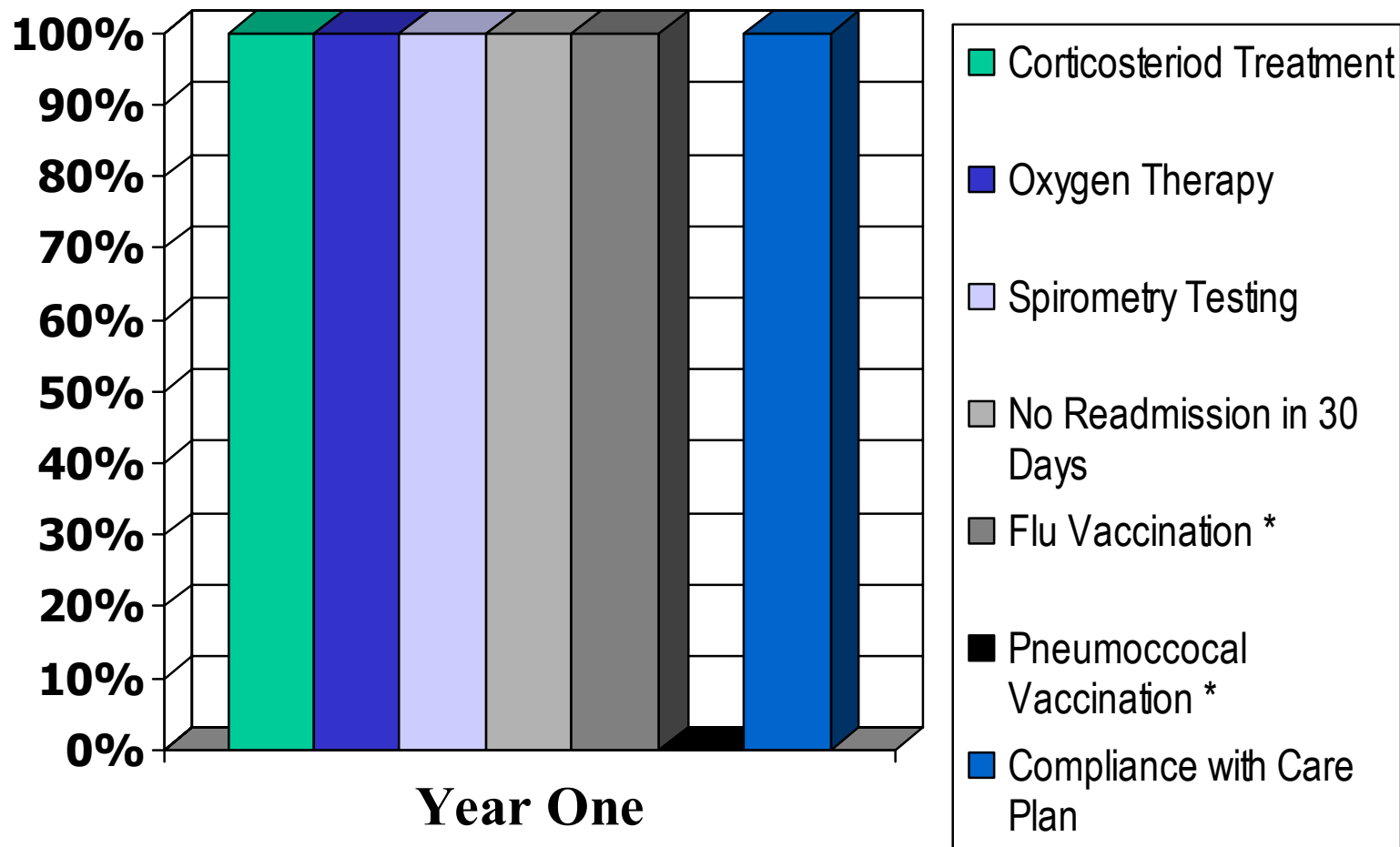
# Clinical Outcomes

## *Diabetes*



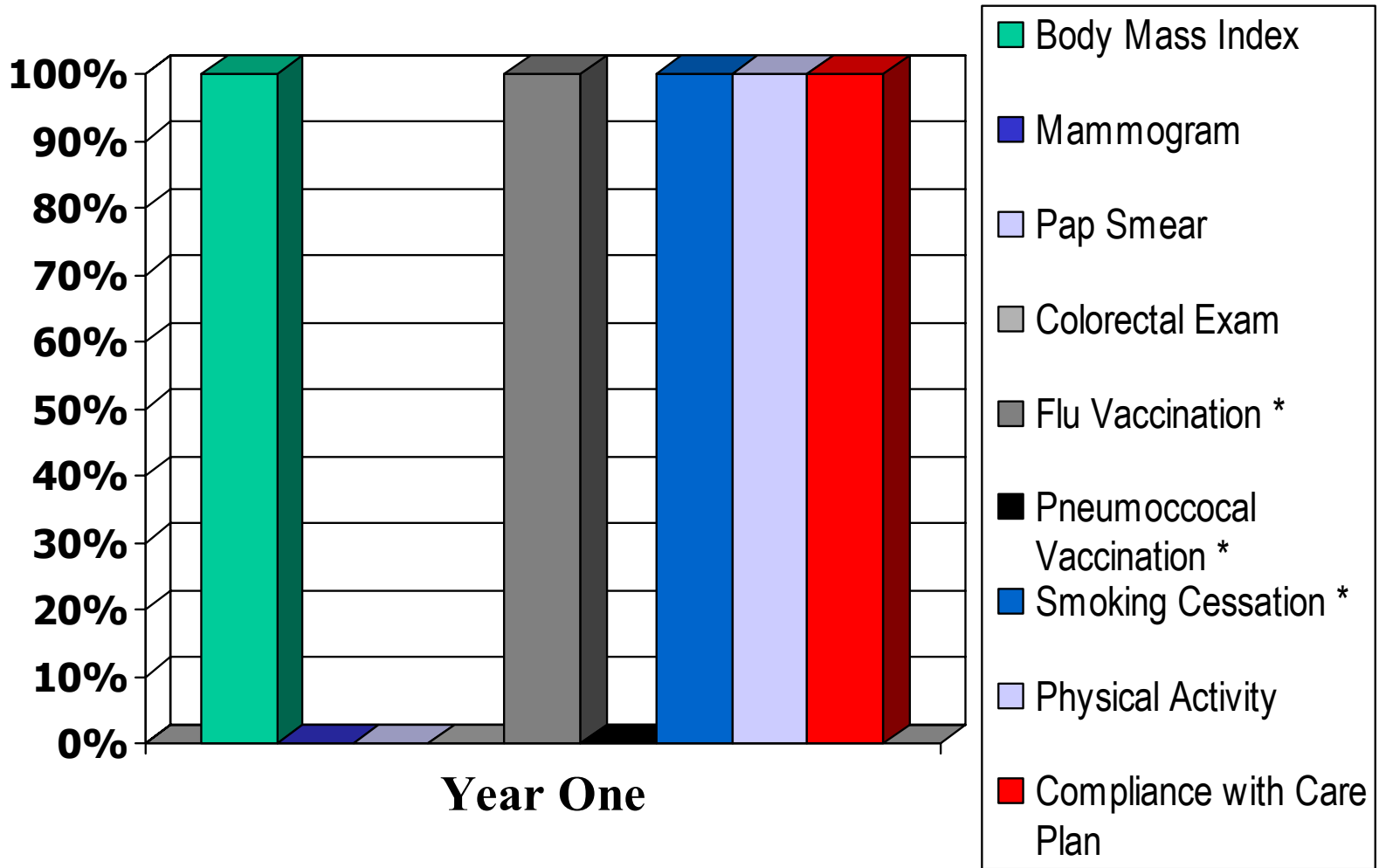
# Clinical Outcomes

## *COPD*



# Clinical Outcomes

## *Other*



# Financial Impact and Annualized Return on Investment

*Based on Participating Members (6 Months or More in Program)*

<b>PROGRAM IMPACT</b>	<b>SAVINGS</b>
Cost reduction based on \$PMPY costs base year versus year one	<b>\$320,130</b>
Reduction in Lost Work Time	<b>\$36,800</b>
Managed Savings	<b>\$105,300</b>
<b>TOTAL SAVINGS</b>	<b>\$462,230</b>
<b>NET SAVINGS</b>	<b>\$310,990</b>
<b>RETURN ON INVESTMENT</b>	<b>3.8:1</b>

Source  
Wages

Average Cost  
\$7/hr & 30% benefits 8 hour day